

What is supervision for coaches (Mentor Coaching)?

Supervision is a working method in which an experienced coach / trainer (supervisor) guides one or more less experienced coaches. It is also called Mentor Coaching by the International Coach Federation.

During a supervision participants exercise based on their development objectives. The other participants and the supervisor afterwards give constructive feedback and discuss extra options. The exercises can access aspects of coaching and / or can be a complete coaching conversation around a real theme.

If desired, the 11 ICF coaching competencies are scored in response to an observation of a coaching conversation.

During a supervision session, up to 4 participants can actively do an exercise. The number of participants per session is limited to 8.

Those who do not exercise, observe and learn, or bring themselves a case to which they want to be coached.

What's the use – what will it bring you ?

Through supervision

- we become aware of our strengths and weaknesses
- we learn from others what interventions they would perform
- we are experimenting with additional features
- we become more conscious of how we react in observation exercises
- we acquire tips from the supervisor
- our practice questions are being answered
- we prepare for the oral examination for ICF certification
- ...

Reactions of the participants

- "This is how I learn best"
- "Very valuable!" - " Very practical"
- " Targeted feedback and an open atmosphere"
- "Excellent preparation for the exam!"
- "Good idea to keep learning after you've taken a course!"



Your investment

5 x ½ day supervision: 900€ + 21% VAT

1 x ½ day supervision: 200€ + 21% VAT

You will receive a **certificate of supervision** of the supervisor that you can use in your certification at the International Coach Federation. (ICF)